

MISC. SERVICES

Street Sheet

CENTRO GUADALUPE

730 S Street 443-5367
Multi services for Latino community
Rental & Util. Assist., Bilingual, Jobs, Etc.,
Immigration Program – Fee Involved

DEPT. OF HUMAN ASSISTANCE (WELFARE) SACRAMENTO COUNTY

28TH & R (Call for assistance and locations)
General Info & Medical 874-2072
Medical – M-F, 7:30AM-5PM 874-2256
Homeless Assistance (Food Stamps) 874-2063
Hand Imaging 874-3800

VETERAN'S SERVICE OFFICE 874-6811

2007 - 19TH St.
Walk-in M-F 8am-4pm / Phone clients – M-F 8am-5pm
Assists veterans with counseling, claim development,
Advocacy, benefit entitlement, etc.

EMPLOYMENT DEVELOPMENT DEPT.

2901 50TH St (at Broadway) 1-800-300-5616
M-F 8am –5pm
Job Services, Career Centers (Downtown)
-Old Marshall School –2718 G Street
-Broadway –801 Broadway
(For one nearest you call 263-3800)

LEGAL SERVICES OF N. CALIF. 551-2150

515 – 12th Street (at E) M-F 8:30-12, 1-5
Problems with public benefits /Landlord/Tenant; Call for appt.

SENIOR LEGAL HOTLINE (916) 551-2140

2862 Arden Way, Suite 200
Free legal services for disabled, HICAP, M-F, 9-4.
(Closed Noon-1pm) No landlord/tenant assistance.

SOCIAL SECURITY OFFICE 381-9410

8351 Folsom Blvd.
M-F 9:30 AM – 4:30 PM
National Line 1-800-772-1213

IMMIGRATION 530-742-6942

WELFARE RIGHTS 736-0616

1901 Alhambra Blvd. (2nd Floor)
M-F 9:00-5:00 CalWORKs, Food Stamps,
Medi-Cal representation at hearings

WOMEN'S EMPOWERMENT PROGRAM

1400 N. C Street Open M-F 8:30-4:30pm 669-2307
8 wk program for homeless women to develop job
readiness skills & personal strength.

HOT LINES / EMERGENCY

ALCOHOLICS ANONYMOUS 24 hr. 454-1100

SUICIDE PREVENTION HOTLINE 24 hr. 368-3111
Auburn 1-530-885-2300, Lincoln 645-8866
Roseville 773-3111

IF INTOXICATED, NON EMERGENCY CALLS 264-5471
Police wagon will pick up and deliver to VOA Detox

INFOLINE SACRAMENTO 498-1000 or 211

CALIFORNIA YOUTH CRISIS LINE 1-800-843-5200
I & R (www.youthcrisisline.org) for all of California.
RE: Counseling & medical services, shelters, crisis centers, AIDS
testing and transportation info.

NAT. RUNAWAY SWITCHBOARD 1-800-621-4000
Crisis intervention, Independent intervention
Message center for kids & adults
(Confidential - 24 hrs.)

RAPE CRISIS LINE (WEAVE) 24 hr. 920-2952
Domestic Violence & Sexual Assault

RED CROSS 24 hr. 368-3131
Emergency and Disaster Only 1-800-540-2000

24-HR. MULTILINGUAL HELP LINE 428-3271
Safe Haven for Asian Pacific Islander women & children
Impacted by domestic violence. Safe Shelter. Woman to
Work Program. Business line 868-7820

OUTREACH SERVICES

LOAVES & FISHES

12TH & North C Streets
Administration (General Info) 446-0874
Jail Visitation 447-9472
Page Friendship guest at (Service Center) 443-9499
Clean & Sober 498-0331
Mustard Seed School 447-3626
Genesis (Mental Health) 669-1536
Legal Clinic (SSI-SSA) Tues., Wed., Thurs. 498-0349

To download the latest copy of the Street Sheet go to
www.franchishouse.info

Email changes to: admassist@franchishouse.info. or call
Greg or Leah at Francis House ~ 443-2646

Updated – Dec. 2, 2008

FREE CLOTHING

SACRAMENTO FOOD BANK 456-1980
3333 Third Avenue (at Broadway)
Food Closet, M-F, 10 – 1:30 PM, must have ID + SS#
Bag Lunch every Sunday 10-1:30 PM
Clothes Closet 10-1:30 PM, Mon–Fri. (except Holidays)
Mother/Baby Program–10 AM-1:30 PM, Mon-Thurs.

UNION GOSPEL MISSION 447-3268
400 Bannon St.
Clothing for men- 9-11am
& 1-2:45 pm, Mon thru Thurs. Utility Assist by appt only

SHELTER PROGRAMS

DIOGENES HOUSE 363-0063
24 hr. Line 1-800-339-7177
Boys and Girls 12-17, Runaways, Trans Living 12-17
Family / Individual, D & A Counseling
& Pregnancy Counseling for 12-17
Anger management – any age

FAMILY PROMISE 443-3107

HOME START–Roseville, Families Only! 782-6667
Transitional Housing Only – Not a shelter

SACRAMENTO AREA EMERGENCY HOUSING CENTER 455-2160
24 hr
2925 34th Street (also a Food Closet at this address M-F)
Family Shelter –Families, single fathers w/ children
Women’s Refuge –Single women, no children
Call for screening / space availability 455-0415

SALVATION ARMY SHELTER 442-0331
12TH & North B St.
1 PM (M-F) bed sign-up – Women only
1 PM (M-F) bed sign-up – Men only
Dinner, breakfast & clothing for residents
UTILITY ASSISTANCE & food boxes 442-0303
Thrift Shop 448-0890

SHELTER PLUS CARE – Non-Emergency 874-4304
Subsidized housing program for those with
Mental Illness, Substance Abuse, HIV +/- Aids
Case Managers must contact

ST. JOHN’S SHELTER 453-1482
4410 Power Inn Road
Women and Children, 90-day max stay
Call for Intakes – 7 days a week
Meals and showers provided for our guests.
No boys over 14 yrs. D&A & Mental Health Counseling,
Parenting Classes

MEDICAL CARE

BIRTHING PROJECT CLINIC 558-4800
1900 T Street M-Fr., 8-5 PM, Family Planning &
Pre-Natal Care. Spanish Spoken

CAPITAL HEALTH CLINIC 874-5303
1500 C Street (at 15th) Walk-in- first 9 people only
Adults ages 21-65, no I.D. required, M-F 8-5, CIMSP only

THE EFFORT MEDICAL CLINIC 325-5556
(AQUARIAN) 1820 J St.
Adults, children, M-F 5-8:30 PM Drop-in. General Health Care,
Confidential HIV testing. Call after 3 PM for Tests. Physicals
anytime- Scale Fees, Medi-cal Appts. Only

MERCY CLINIC (L&F) 446-3345
1321 No. C St. (at 12th). General Med Care
No I.D. required, M-F 7:30-NOON & 1-3:30 PM For people
without SSI/Medical who are homeless. Sign-ups in Friendship
Park, 7:30AM till 11:30 - Walk-ins OK 1-3:30 PM

PRIMARY CARE CENTER 874-9670
Enter at 4600 Broadway
General Health 7 AM –5 PM, M-Fri. For homeless 21 – 65 yrs old
HIV Testing- Call for Appt. 874-7720

OAK PARK CLINIC 875-2995
3415 Martin Luther King Blvd.
Medical Thurs. Only 8–5 PM & child clinic
for 95816, 17,18, 20 / HIV Testing – (Walk In) 874-7720

WOMEN’S HEALTH SPECIALISTS 451-0621
1750 Wright St., Suite 1
Free and low cost reproductive health services, birth control,
HIV/STD testing & referrals for women & men.
Walk-in or appt. Tues. – Sat. 9AM-5:30PM

DENTAL CARE

SACRAMENTO DENTAL CLINIC 874-8300
1500 C Street (at 15th) Suite A
Adults–Emergency Dental @ 7:40 AM & 12:30 PM
After Screening Appointments, M-F 7:40-5:00 PM,
No walk in patients

AIDS

AIDS EDUCATION & PREVENTION 874-7720
1500 C Street Wed. –Thurs. Only
By appointment only – Testing Only

BREAKING BARRIERS 447-2437
2020 V Street
Works with HIV +/- AIDS, Homeless & Breast Cancer
M-F, 9 AM – 5PM Sat. from 12:00-3:00 PM

CARES (Treats HIV & AIDS) 443-3299
1500 - 21ST Street

(Food Closets/Banks Continued)

(Shelter Programs Continued)

SACRAMENTO FOOD BANK 456-1980

3333 Third Avenue (at Broadway)
M-F 10 AM-1:30 PM
Every Sun 12-1:30, ID required (SS card OK), Proof of Address. Serves specific Zip Codes (call).
Also Clothes Closet 10 AM to 1:30 PM
& Mother Baby Program M, T, W, TH 10 AM to 1:30 PM

SIERRA ARDEN FOOD CLOSET 483-1942

890 Morse Avenue (Zips 95825 & 95864)
T-F 10-11:45 AM

WIC – Women, Infants, and Children 326-5830

Nutrition Program
915 Broadway (call for other locations)
Pregnant women and mothers with infants & children.
M, Tu, Th, Fr 8:15-4:15 PM & Wed. 8:15-6 PM Call for Appt., MediCal Form, proof of income, address & picture ID required.

RANCHO CORDOVA COMMUNITY

FOOD LOCKER 364-8973

10497 Coloma Rd. (St. John Vianny Church)
M, W, F 9:30 AM-1:30 PM. Serves 95670, 742, 655, 683, 826, 827, & 830. Once every 30 Days. SS ID required
Also homeless – no cooking bags

FIRST UNITED METHODIST CHURCH 446-5025

2100 J Street 8am – 3pm
Meal Served on 3rd Tuesday each month 5-6:30PM

DETOX CENTERS

THE EFFORT DETOX CENTER

7586 Stockton 691-3417
Alcohol Residential Detox Facility. Detox for Adults from Opiates or Stimulants. Call first – waiting list, 14 day
Detox period - \$1,650 or County Beds

VOLUNTEERS OF AMERICA

THE DROP IN CENTER (DETOX) 448-1236

700 North 5th Street
Drinking Adults, Alcoholics only
24 Hour Sleep Off Center, Screened
72-hr. sobriety for Recovery Home
Comprehensive Alcohol Treatment Center

ALCOHOL & DRUG SERVICES 874-9754

Sacramento County Dept of Health & Human Services
4875 Broadway Ste. #129 – M – F, 8-11am & 12:30 – 4pm
Assessment for Alcohol & Drug Treatment
Proof of Sac. County residence required.

VOA WINTER OVERFLOW 442-3691

9-3 PM sign-up Men/Women/Children
Bused from back of Friendship Park (L&F) after dinner
Intakes between 3 & 5 PM Nov. 1 – March 31

TRAVELERS AID SOCIETY 399-9646

2251 Florin Road #130
Assistance for Emergency Housing
Homeless Families ONLY, call first for appt.
M-F, 9-12 & 1-4, Attendants on duty after 5:30 PM

UNION GOSPEL MISSION 447-3268

400 Bannon St.
6:30-6:45 PM. Bed sign-up –Men ONLY
Showers/Shaves 9-11 AM & 1-3 PM, M-Th, 9-11 Fri.
6 A.M. breakfast for residents

VOLUNTEERS OF AMERICA

Office 8am-4:30pm 442-3691
“Aid in Kind” 443-4688

WEAVE 24 Hr. crisis line 920-2952

Office 448-2321
For Abused & Battered Women and Children
Crisis Counseling, Safe Houses for Women and Children, also Children’s Program + Services in Spanish

WIND YOUTH CENTER 443-8333

701 Dixicanne Ave., M-F 8am – 4:30pm
Emergency Shelter for Youth, 12-17 yrs. Day Center & Charter School.

MENTAL HEALTH SERVICES

GUEST HOUSE (El Hogar) 440-1500

1400 No. A St., Bldg. A
Homeless Mental Health Clinic
M-F – Must be there at 8:00 a.m. to get appt.
Mental Health Evaluation, Medication if needed.
Housing Referrals for Mentally ill, GA referrals,
SSI application, Referrals to Alcohol and Drug Counseling

SACRAMENTO COUNTY MENTAL HEALTH

2150 Stockton Blvd. (at T) 24 hr. 875-1000
Crisis Line 732-3637
Will evaluate for voluntary psychiatric care
In-Patient Care Facility, Drop-in, 24 Hr.

TLCS Residential Intake Office 440-1500 (x 2)

1400 North A Street, Building A
Walk-ins 8-11am

COUNSELING CENTERS

THE EFFORT – COUNSELING (Aquarian) 368-3080
8233 N.E. Stockton Blvd. or 679-3925
M-Thurs. 9AM-8:30PM / Fri. 9AM-5PM
Adults, Youth, Chemical dep., abuse. Scale Fee
A & D Counseling, Group Counseling, HIV test by appt.

FRANCIS HOUSE 443-2646
1422 C St.

(25 numbers are handed out per shift, arrive early to get a #)
Mon.–Wed. 9AM & 12:30PM, / Thurs- Fri. 12:30PM
Resource Counseling, local bus tickets, Grey Hound/Return to
Res. Vouchers, CA ID's & Birth Cert., LifeWorks Employ.

SACRAMENTO SELF-HELP HOUSING 341-0593
Various Locations - Housing Referrals & shared housing

HOT MEALS

GLORY BOUND MINISTRIES 452-7078
4527 Parker Ave.
6PM FRI. – 10AM SUN. - 5PM SUN.

LOAVES & FISHES 446-0874
1321 No. C (at 12th)
For Meals: Mon-Fri 11:30-1 PM, Sat & Sun 11:00-12:30
(Tickets 7 a.m.-12:30 pm at Friendship Park)

ST. IGNATIUS LOYOLA PARISH
3235 Arden Way 482-9666 ext. 1
Meals served 6-7PM on the 4th & 5th Wed. of mo.nth

ST. PHILOMENES 481-6757
2428 Bell St. (at El Camino) Tue. 6:00-7:00 PM
Meal is served in School Gym at 2320 El Camino

ST. LAWRENCE CHURCH 332-4777
4325 Don Julio Blvd., North High. Thurs. 5-6 PM

WILLIAMS MEMORIAL COGIC 453-9033
4995 ML King Jr. Blvd.
Food giveaway every other Fri. 11AM. All people served.

ST. VINCENT DePAUL 781-3303
Roseville Hot Meals Tue.Weds.Th & Sat.12-1:30 / Sun 2:30-4pm
At 141 Riverside. Clothes vouchers M-F 10-3pm / Food Locker
Sat.& Sun. 2:30 – 4pm at 503 Giuseppe Court, Suite 8
For Placer Co Residents T, W, Th, F, & Sat 9:00-11:30

UNION GOSPEL MISSION 447-3268
400 Bannon St. (North B St. at 12th)
Church Services 7:30 (required), Dinner following
7 days; Sunday Services 11 a.m., w/lunch following

DAY SHELTERS / HOSPITALITY CENTERS

FRIENDSHIP PARK (L&F) 443-7378
No. C at 12th Street
Men & Women Drop-in 7am to 2:45 pm M-F,
Coffee & Food 7:8:30 AM, M-F
Showers M, W, F 7-2PM, Tu & Th 7-10:30 AM
Laundry Vouchers M-F, 9AM
Haircut Vouchers M-F Page Guest @443-9499

MARYHOUSE (L&F) (HOMELESS) 446-4961
1321 No. C St. (at 12th) #32
Women and Children, 8:00am - 3pm
Breakfast 8-9 AM, M-Fri. Lunch 11:30-1:00, M-F
Showers & Laundry Vouchers available to members,
Mailing Address. Well Child Clinic on Tues.
Anger Management & Parenting Classes

UNION GOSPEL MISSION 447-3268
400 Bannon Street
All Services 9-11 & 1-3 M-Th. 9-11 on F & S
Showers, Shaves. Also provides Mail Address Service, &
Clothes Closet (ID required. Men Clothes only- call)

WELLSPRING WOMEN'S CENTER 454-9688
3414 4th Avenue
M-F, 7:30-11:30AM, Hospitality Center for Mothers
& Children, Breakfast served. Classes in Poetry & Creative
Writing on Mon. afternoons, Computers–beg. Tu-Fr. 9-11am

UNITED CHRISTIAN CENTER 372-8980
110 6TH Street, West Sacramento
Yolo residents only, M-Th, 8:30am-1:30 pm. Showers & Laundry
11-1:30. Food Locker–Wed. Some clothing available. Transitional
family housing at 110 6th St. West Sac. (Ext.114 Sharon Wagoner)

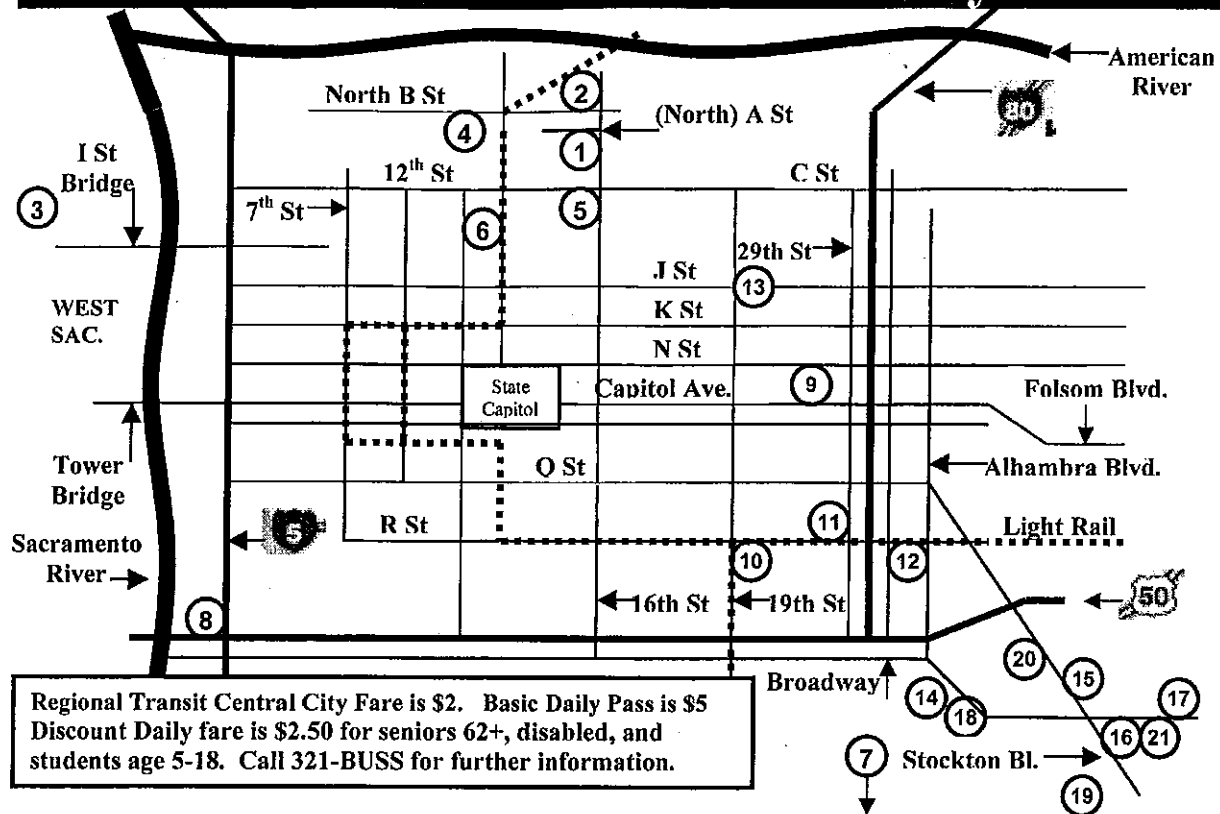
FOOD CLOSETS/FOOD BANKS

CENTRAL DOWNTOWN FOOD BASKET 761-5624
1701 L St St. John's Lutheran Church at Goethe Hall
Groceries & USDA (814 & 816 zip) on Thurs. only,
available 4x per month, 9am - until food runs out.

RIVER CITY COMMUNITY SERVICES 446-2627
1322 27TH St. (between Capital & N Streets)
M-F 11:30-3PM Once every 30 days
ID required for all family members; Medi-Cal cards best.
Serves all of Sacramento County

ST. MATHEWS CHURCH 927-0115
2300 Edison Avenue
Food–Tues & Thurs, 10 to 11:30 AM
Only 95821 Zip Code–Clothing–Sat 9AM to 10AM

Francis House Guide To Community Services



1. TLCS Emergency Outreach
1400 North A St.
Alkali Flat Light Rail & RT Bus 15

2. Loaves & Fishes
446-0874; 12th & North C St.
Alkali Flat Light Rail Station, RT bus 15
Friendship Park (L&F), Maryhouse (L&F)
Mercy Clinic (L&F), St. John Shelter (L&F)

3. West Sac. Resource Center
372-8980; 110 Andrew St. Yolo Bus 40, 41

4. The Job Program Salvation Army
442-0303; 12th & North B St.
Alkali flat Light Rail & RT Bus 15

**5. AIDS Education & Prevention
Capitol Health Clinic**
440-7720; 1500 C St.
Alkali Flat Light Rail & RT 34

6. Legal Services of Northern CA
444-6760; 515 12th St. (at E St.)
Alkali Flat Light Rail Station & RT Bus 34
At 12th & F St.

7. Traveler's Aid
399-9646; 2251 Florin Rd, #130
RT Bus 63 or 64

8. Central Detox Reception Center
448-1236; 2700 Front St. Open 24 hrs
(near Broadway) RT Bus 38

9. St. Luke Episcopal Medical Center
446-2627; 1322 27th (at Capitol Ave.)
M - F 11:30-3:30pm RT Buses 36, 67, 68

10. Lutheran Social Services
453-2900, 2980 - 35th St.
M-F 8:30 - 4:30pm RT Buses 51, 68

11. Dept. of Human Assistance
CalWORKs/GA/Medi-Cal
874-2072; 28th & R St.
29th St. Light Rail Station
RT Bus 15, 38, 67, 68

12. Welfare Rights
736-0616; 1901 Alhambra Blvd.
Light Rail @ 29th & R St.
RT Buses 15, 38, 67, 68

13. The Effort Counseling
325-5556 ; 1820 J St. (need Medi-cal card)
M-F 8am-9pm
RT Buses 30, 31, 32, 61, 62

14. Wellspring Women's Center
454-9688; 3414 - 4th Ave. (at 34th St.
@ Broadway) RT Buses 51, 68, 83

15. UCD Medical Center
734-2011; 2315 Stockton Blvd.
RT Bus 38, 50, 83

16. Primary Care Center
874-9670; 4600 Broadway
RT Buses 38, 50, 51, 83

17. Employment Dev. Dept.
2901 50th St @ Broadway
RT Bus 15, exit @ 53rd & Broadway
RT Bus 83, exit @ Broadway
RT Bus 38

18. Sacramento Food Bank
452-3663; 3333 3rd Ave./Broadway
RT Buses 51, 68, 83

19. Sac. Area Emergency Housing
455-2160; 4516 Parker Ave.
Open 24hrs. RT Bus 68

20. Sacramento Mental Health
732-3637; 2150 Stockton Blvd.
RT Buses 38, 50, 83

21. Dept. of Motor Vehicles
657-6555; 4900 Broadway
RT Buses 38, 50, 51, 83